



Activities Programme



2025

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The Nicky



The Nicky



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@nicky_alliance

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www.mjcc.org.uk

MONDAY 3 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
11.00 am **Discussion** in the lounge with Frances Levene
2.00 pm The wonderful **Wal & Dave**



TUESDAY 4 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
11.00 am **YOGA** in the **Lounge with Carrie**
11.00 am **Reminiscence** with Janet & Ruth
2.00 pm **ENTERTAINMENT** in the **Lounge**
The brilliant **Bernie Clayton**

WEDNESDAY 5 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
11.00 am **Computer Class** with **Malcolm Burnard** in the **Computer room**
11.00 am **A Morning with Martin Mann**
2.00 pm **ENTERTAINMENT** in the lounge
King David Nursery entertain



THURSDAY 6 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
11.00 am **YOGA** in the **Lounge**
11.00 am **Discussion** in the lounge with Mandy Glancy
2.00 pm **ENTERTAINMENT** in the **Lounge**
The Fantastic **Vince Williams**

Shabbat begins tomorrow at 4.46pm and ends at 6.01pm

MONDAY 10 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
11.00 am **Discussion** in the lounge with Ann Cohen
2.00 pm **Movie Time!**



TUESDAY 11 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
11.00 am **YOGA** in the **Lounge** with Carrie
11.00 am **Reminiscence** with Cynthia & Frances
2.00 pm **ENTERTAINMENT** in the **Lounge**
The wonderful **Warners**

WEDNESDAY 12 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
11.00 am **Computer Class** with **Malcolm Burnard** in the **Computer room**
11.00 am **A Morning** with **Martin Mann**
2.00 pm **ENTERTAINMENT** in the lounge
The amazing **Audrey Maddison**



THURSDAY 13 FEBRUARY

TU B'SHVAT VALENTINE'S DAY (ALMOST!)



- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
11.00 am **YOGA** in the **Sun Lounge** with Carrie
11.00 am **Discussion** in the **Lounge** with **Jonathan Davies**
2.00 pm **ENTERTAINMENT** in the **Lounge**
The delightful **Dave Francis**

Shabbat begins tomorrow at 5.00pm and ends at 6.13pm

MONDAY 17 FEBRUARY



- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Discussion** in the **Lounge** with **Marvyn Moore**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**
Marjorie & Lee entertain

TUESDAY 18 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **YOGA** in the **Lounge**
- 11.00 am **Reminiscence** with **Jackie**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**
The charismatic **Karl Benedict**

WEDNESDAY 19 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Computer Class** with **Malcolm Burnard** in the **Computer room**
- 11.00 am **A Morning** with **Martin Mann**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**
Michael Swerdlow talks about **Jewish Composers**

THURSDAY 20 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **YOGA** in the **Sun Lounge** with **Carrie**
- 11.00 am **Discussion** in the **lounge** with **Jonathan Davies**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**
The brilliant **Brad Nelson** entertains



Shabbat begins tomorrow at 5.14pm and ends at 6.26pm

MONDAY 24 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 **Discussion** in the lounge with **David Marks**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**
The terrific with **Teresa Harper**

TUESDAY 25 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **YOGA** in the **Lounge**
- 11.00 am **Reminiscence** with **Iris & Barbara**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**
The magnificent **Mike Nield**



WEDNESDAY 26 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Computer Class** with **Malcolm Burnard** in the **Computer room**
- 11.00 am **A Morning with Martin Mann**
- 2.00 pm An enjoyable afternoon with **Bob Young**

THURSDAY 27 FEBRUARY

- 10.00 am & 1.00 pm **ART CLASS** in the **Art Studio**
- 11.00 am **Yoga** in the **Sun Lounge** with **Carrie**
- 11.00 am **Discussion** in the Lounge with **Michael White**
- 2.00 pm **ENTERTAINMENT** in the **Lounge**
The great **Guy Manrin**



Shabbat begins tomorrow at 5.27pm and ends at 6.39pm

CHANUKAH AT THE NICKY





MAZELTOV!
YOU CAN ORDER
BIRTHDAY CAKE, KICHELS, DANISH etc!



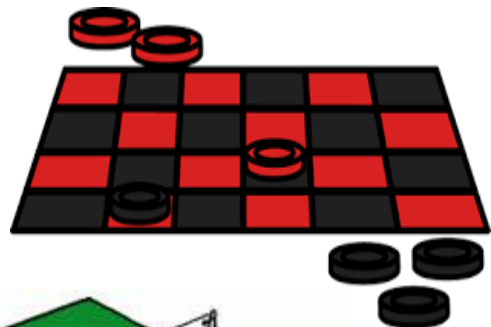
Marlene Henry and Gillian Shwalbe celebrated their birthday.

GAMES ROOM

The Sun Lounge next to the Dining Room has been turned into a Games Room.

Rummikub, Kalooki, Draughts, Table Tennis and other games are available.

Competitions will be held (but gambling is not allowed 😊)



WINTER SPORTS

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

Y O U A N O L H T A I B R E G O
I N G L L A B D N A H G T E O E
G N S N O W S H O E N D Y G U P
N S B E I N S G S I F D I U T S
I N S B G Y D K L K N O I L N N
L O L G N A G W I A A L L O O T
I W A Y I O O Y B J L T W F W S
B S L E L B S N M A O B I R O L
O K O K R W S H B N O R E N O E
M A M C U E I T G A A S I N G D
W T G O C G E A R N T S N N D D
O E I H T K N D H L I I T N G I
N K T H S A I I I T I H S I W N
S H Y A A N L N I O T O S F C G
P E B O G P G L E K D O I I T S
B O B S L E D B L T S L Y M F P

By Jimmy and Evelyn Johnson - www.gets.com

Bandy
Basketball
Biathlon
Bobsled
Bowling
Curling
Fishing

Gymnastics
Handball
Hockey
Luge
Skating
Skiing
Skijoring

Slalom
Sledding
Snowboarding
Snowmobiling
Snowshoe
Snowskate
Wrestling

PLEASE SHARE WITH YOUR FAMILY & FRIENDS

*Skip the latte,
make a difference*

It costs us £90 to subsidise every member's visit to The Nicky.

You can help just by donating the cost of that latte or cappuccino, monthly, annually or as a one-off. Every little bit helps and it will make a difference.



SCAN TO DONATE



or go to:
<https://donate.thenicky.org.uk/donate>



The Nicky is a project of Manchester Jewish Community Care (MJCC) a charity registered in England and Wales (257238)



This voucher entitles you to a

Complimentary Day

At

The Nicky

Please call

Karen Grant on 0161 740 0111

to arrange your day

(first time users only)

85 Middleton Road, Manchester, M8 4JY

T: 0161 740 [0111](tel:01617400111) E: info@mjcc.org.uk W: www.thenicky.org.uk



**The hair salon is open on Tuesdays and Thursdays.
If you would like an appointment,
tell one of the carers as soon as you come in,
so you don't miss out!**



**Don't forget our wonderful Convenience Shop
is open for all our essential toiletries,
confectionery, cards and gifts.**



**Appointments are for any day - open to all members.
Please make an appointment by speaking to one of the carers.
Cost £25.00**